



Self-Guided Fishermen's Trail Portugal



14 -Day Coastal Hiking in Portugal

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OUTSIDE



Self-Guided Fishermen's Trail – Portugal

The Self-Guided Fishermen's Trail is a 14-day coastal hiking journey along Portugal's wild Atlantic coast, part of the renowned Rota Vicentina network and widely considered one of Europe's most scenic long-distance walking routes. Designed for independent travelers who value freedom, authenticity and thoughtful comfort, this Portugal self-guided hiking tour allows you to explore at your own pace — without group schedules or rigid itineraries. You walk independently, yet every logistical detail is professionally arranged. Each day reveals dramatic cliffs rising above the Atlantic Ocean, golden beaches shaped by wind and tide, and remote fishing villages where life still follows the rhythm of the sea. The ever-changing light along the coast creates landscapes that feel both raw and refined — a rare balance of wilderness and quiet elegance.

Daily stages range between 15 and 25 kilometers (9–15 miles), following sandy paths, coastal trails and cliffside sections. The terrain is moderate and rewarding, ideal for active travelers with a good level of fitness and prior hiking experience.

This self-guided Fishermen's Trail package includes carefully selected accommodations, daily luggage transfers, detailed route notes, GPX navigation tracks and local assistance throughout your journey. You carry only a light daypack while your luggage is transferred ahead, allowing you to focus entirely on the experience.

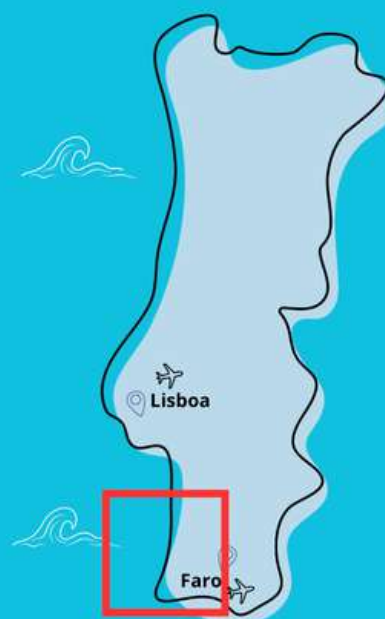
A defining highlight of this Portugal coastal hiking experience is reaching Cape St. Vincent — the southwesternmost point of mainland Europe. After days walking along the Atlantic coastal trail, standing above the vast ocean becomes a powerful and unforgettable moment.

Evenings are spent in charming coastal towns, where fresh seafood, regional wines and authentic Portuguese hospitality complete the experience. This is not mass tourism. It is independent travel with curated structure.

The best time to hike the Fishermen's Trail is from March to June and from September to November, when temperatures are mild and walking conditions are ideal. Flexible departure dates are available, subject to accommodation availability.

For travelers seeking a self-guided hiking tour in Portugal that combines dramatic scenery, independence and seamless organization, the 14-Day Fishermen's Trail offers an immersive and rewarding way to experience the Atlantic coast.

Itinerary



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Day-by-day itinerary

Day 1 – Pick up , Transfer to Porto Covo

The day you will learn all about the adventure we've prepared for you.

Before your journey begins we encourage you to enjoy an authentic Portuguese meal and famed Portuguese wine and then relax.

This will be the first experience with Portuguese gastronomy, so take your time.

Our welcome kit for this adventure will be waiting for you at your accommodation.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 2: Porto Covo – Vila Nova Mil Fontes, 20 km

| 12.4 miles)

This is the lap dedicated to the beaches. Almost 20km of sand make this one of the most challenging stages of this two week trek. But it is worth every aching muscle!

While hiking side by side the Atlantic, you'll encounter pebble-lined beaches such as Aviados followed by fossil dunes that lead you down to the ocean – such is the case in Malhão's beach. A thousand underground freshwater springs run to the shore and lend their name to Vila Nova de Milfontes.

And although they each have unique features to marvel at they share the giant dark rocks that seem to be their guardians throughout the ages. Every once in a while remember to stop, take a deep breath and appreciate the steps already taken while feeling the salty mist in your skin.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 3: Vila Nova Mil Fontes – Almogrove , 15 km / 9 Miles

Nothing can quite live up to waking up and start hiking whilst watching Mira river disembogue into the Atlantic Ocean.

This route is a feast to the eyes, with an array of contrasting colors. Green farming fields, the blue shades from the sky meeting the ocean and then the gold yellow sands nestled between chalk tainted cliffs.

Soon you'll be noticing the first stork's nests and the intoxicating scents from the herbs and shrubs outlining the trails.

If trekking during spring you'll also have the opportunity to observe the many different bird species that choose this garden by the sea to nest and breed.

We can't say it enough, but do take your time to pause and soak up the views!

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 4 – Almogrove – Zambujeira do Mar , 21 km / 13 Miles

Once your eyes start getting used to the technicolor landscape it is time to pay closer attention to details that give in the geological history of this region.

You'll notice that the steep cliffs draw lines on the shore slopes telling the story of how the rocks moved up and down through the ages to form mountains.

You'll notice huge rocks that raised from ancient dunes, in an age when the beaches lay below over 100 meters and the ocean line was drawn 60 kilometers away from its current placement.

And you know anything about birds you'll amazed to see the storks nesting by the shore, a one of kind phenomenon in the world.

So when you reach Cabo Sardão take your time to once again enjoy the view.

Sitting by the lighthouse over the small harbor you'll watch traditional fishing boats come and go over the surge. If you're lucky enough to be there as a boat returns full from an early catch be sure to go and meet the fishermen – he might be delighted to tell you all about his adventures at sea and you might be able to by your lunch for the day right there!

Accommodation: 3-star hotel | **Meals:** Breakfast

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Day 5, Zambujeira do Mar – Odeceixe, 19 kms / 12 Miles

Now this is a breathtaking trail!

You'll be leaving Alentejo and reaching Algarve as you find yourself in Odeceixe.

The view from Ponta Branca, in Odeceixe, will leave you in awe – but we'll give you some time to recover before telling us all about what you felt in that moment.

But before Odeceixe you still have many beaches to tread.

From Zambujeira do Mar to Alteirinhos, through Praia do Carvalhal and Praia da Amália, you are in for a treat.

If you're not trekking on the clock we encourage you to stop at Azenha do Mar, a beautiful natural harbor, and have a taste of local cuisine.

Soon enough will catch sight of Ribeira de Seixe, the creek that disembogues in Odeceixe and separates Alentejo and Algarve, the southernmost region of Portugal.

Enjoy the tranquility of the surrounding villages, taste the food, drink the wine and replenish your energies because you're halfway through.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 6, Odeceixe – Aljezur, 23 km / 14 Miles

You might feel tempted to linger in Odeceixe – the welcoming village, the beach – but you will not want to miss out on what is yet to come.

Following the next trail by the sea take a moment to say goodbye to Alentejo before heading further down towards Algarve.

The blue ocean line might be the same but be open to new gastronomic experiences. Here the goose neck barnacle is king and the sweet potato is queen!

In Aljezur you'll visit its picturesque old moorish castle and village and watch Ribeira de Aljezur drain to Carreagem and Amoreira beaches.

The river mouth at Amoreira beach is a birdwatcher's paradise so if that's a favorite hobby of yours don't miss this opportunity and we strongly suggest you bring your binoculars with you.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 7, Aljezur - Arrifana, 17 km / 10 Miles

And just like that seven unforgettable days have gone by, with thrilling adventures and breathtaking views in the mix.

Each step takes you closer to Cabo de São Vicente, the southwesternmost tip of Portugal – and of mainland Europe!

But until then many experiences have yet to be lived.

And today is full of new amazing views. The day begins with a short transfer to Monte Clérigo beach where a new trail by the shore begins.

Your footsteps will lead you through salty ocean mists and imposing cliffs to Ponta da Atalaia. Here the Portuguese gained their land from the Moorish and you can still find evidences of an old moorish fortress.

When you reach Arrifana, let yourself be taken aghast by the beautiful Pedra da Agulha beach, the crystalline water at the bay crowded with surf enthusiasts.

If you can stay for the sunset – it will leave you speechless.

Accommodation: 3-star hotel | **Meals:** Breakfast

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Day 8, Arrifana – Carrapateira , 19 kms /11 miles



If you enjoyed the view over Praia da Agulha as you arrived to Arrifana now it is time to mesmerize at this same beach after hiking around to Praia do Canal.

Get your cameras ready and shoot away.

There you'll be offered a summit view over Bordeira's sand dunes and the creek running towards the ocean.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 9, Carrapateira – Vila do Bispo, 15 km / 9 miles

After breakfast you'll feel energized to start the day walking by the shoreline.

This trail is punctuated by a handful of elevated viewpoints that will make you feel like you can step and walk over the waters below.

These verandas by the Atlantic will make it possible for you to pinpoint some of the beaches you have already visited and to better view the cliffs outlining Bordeira and Amado beaches.

Beware – the wind gusts may sweep you off your feet and make you touch the clouds above!

Today you'll still be able to meet the picturesque village of Pedralva, a treasure locked in time.

Recent works have restored this village to its original soul so it is worth letting yourself get lost on this shrine dedicated to quiet.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 10, Vila do Bispo – Sagres, 20 kms / 12 miles

We say times flies when you're having fun and this sure is the case.

Today you'll take a turn left and head inland to the dry slopes and woods of oaks, pine trees and their queen, the olive tree from which we press our famed olive oil.

As you approach Vila do Bispo be mindful of the many bird species that linger around – for the bird lovers now is the time to reach for the binoculars.

Once in the village, settle down for the day – tomorrow you'll be served the tip of Europe.

Accommodation: 3-star hotel | **Meals:** Breakfast



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Day 11 , Sagres – Salema, 19 kms / 11 miles

After ten days walking the shores of our beautiful and unforgettable Costa Vicentina you'll finally meet the cape it borrows the name from.

You surely still remember the herbed-scented air from Zambujeira do Mar and the breathtaking view over Arrifana's bay so add those memories to those you'll collect by the time the sun sets beyond the lighthouse at Cabo de São Vicente.

You will first glance at the Cape while trekking Telheiros beach, following the same footsteps that Saint Vincent's devotees used to walk.

For many centuries a monastery dedicated to Saint Vincent was placed on the very spot the lighthouse now stands, before being destroyed by an earthquake in 1755.

Once again, take in the views, and why not take the opportunity to write down what emotions and feeling this amazing place and experience brings up in you.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 12, Salema – Luz , 11 km / 6 miles

You have a more challenging trail to follow today as you head up through the cliffs.

For the first time on this journey you will feel closer to the skies above rather than the ocean below.

As you reach Samoqueira beach you will notice the sand has more golden hues than before and the waters feel warmer and more crystalline.

Take advantage of this beach paradise and dive into the Atlantic or linger a little longer in the sand, soaking up the sun and watching the seabirds nest on the cliffs.

The locals say that here you can get a whiff of Algarve.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 13, Luz – Lagos , 11 kms

The last day will wrap up the adventure and bring you to the Algarve city of Lagos.

It all started in Porto Covo, glancing at Ilha do Pessegueiro, and after 12 days treading the most beautiful shoreline of Portugal – even the World, as the case may be – we truly hope you had the time of your life.

You still have time to check Ponta da Piedade and admire the sandy cliffs that nature carved throughout the millennial.

When in Lagos allow yourself to get lost in its maze of streets and alleys leading to the fort, before taking a dip at Praia Dona Ana.

Accommodation: 3-star hotel | **Meals:** Breakfast

Day 14

It is time to say goodbye to Costa Vicentina and you must be feeling amazing!

You trailed the trails and tasted the food, and you have been swept away by the views and the odors.

You have felt the freedom of walking the cliffs and spreading your arms to the wind.

You have met a warm and welcoming people and it feels appropriate that you falter when time comes to leave this place.

Now that you have experienced this great adventure by the Atlantic shoreline you can leave with a full heart knowing we'll be here to welcome you when you return.



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Highlights

- Experience one of Europe's most breathtaking coastal hikes along Portugal's stunning Atlantic shoreline.
- Walk from Porto Covo to Lagos through dramatic cliffs, sandy beaches and charming seaside villages.
- Enjoy the freedom of a self-guided adventure while we take care of all the logistics for you.
- Stay in handpicked accommodations and start each day with breakfast included.
- Hike light and stress-free with daily luggage transfers between accommodations.
- Discover the wild beauty, authentic culture and unforgettable ocean views of Portugal's Costa Vicentina.

Self-Guided Fishermen's Trail Portugal 14-Day Coastal Hiking

DURATION	14 days 13 nights	GRADE	Moderate
ACTIVITY	12 walking days	AVAILABILITY	1st March to 30 November
TYPE	Self-guided	MEALS	Breakfast 13
TOTAL WALKING DISTANCE	210 km 130,5 miles	Nº PEOPLE	From 2

Prices 2026

DATES

	PRICE PER PERSON IN DOUBLE ROOM	SINGLE SUPPLEMENT
Per Person.	2580Euros / 2990 dollars	1100 Euros / 1288 dollars

In the case of individual registration, participants pay the price per person plus the individual supplement.

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General conditions

INCLUDED:



- Trip Briefing online
- 13 nights of superior accommodation with breakfast included
- self-guided 12 hiking routes, all info included
- 'Portugal Outside's Travel Itinerary' was developed specifically to enhance your journey with authentic experiences, not only with travel tips and useful information but also suggested trails, cultural highlights, places to eat, etc.
- Luggage transfer between accommodation, 1 bag per person, max 15 kgs
- Insurance
- Touristic fees
- 'Portugal Outside' Hotline
- Pick-up and drop-off for one of the days of the program
- Drop-off at the Airport Lisboa / Faro on the day of departure
- Welcome kit

Pre-tour briefing:

Before departure, we schedule a personal online briefing to walk you through the itinerary, clarify all logistics and answer your questions, so you can begin your self-guided trip feeling confident, prepared and fully supported. Throughout the journey, we also remain in close contact and available whenever needed, giving you the independence to travel at your own pace with the reassurance that our team is always there to support you.

Accommodations: A combination 3-star hotels and superior rural.

Your welcome kit for this adventure will be waiting for you at your first accommodation.

Meals: All breakfasts are included with your accommodation. Please let us know if you have any dietary restrictions, and we can ask our hotels to accommodate them as well.

Luggage transport: We will arrange for the transfer of one suitcase or piece of luggage (15 kg) per person between your hotels during your walk.

If you require more than one bag, please contact us for details.

Pre- / During / Post-Trip Service: We're here to help! we are here to ensure that your trip runs as smoothly as possible. Please don't hesitate to contact our support line to ask for our assistance.

Not Included:

- Lunches and dinners
- Personal equipment
- Other personal expenses
- All item not mentioned

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PAYMENTS: The payment can be made by credit card or bank transfer.

A 50% deposit will be requested upon confirmation and the remaining 50 % up to 90 days before the arrival date.

2% discount for full payment made at the time of booking



CANCELLATION POLICY:

More than 30 days before the expected arrival date – no costs;

From 29 to 15 days before the expected arrival date - we retain 50% of the total cost;

Less than 14 days before the expected arrival date - we retain 100% of the total cost.



Portugal Outside , Travel Agency by Aventura X

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- RNAAT 196/2015



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